Shaukat Khanum Memorial Cancer Hospital and Research Centre



## WEBINAR: Psychological Impact of COVID-19

## August 17, 2020

- Time Titles & Speakers
- 15:00 15:25 Health Anxiety and Depression in COVID-19 Dr. Irfan Ahmed - Derbyshire Mental Health Trust, Derby, UK
- 15:25 15:50 Stress Management in COVID-19 Dr. Muhammad Asif - SKMCH&RC, Lahore, Pakistan
- 15:50 16:10 Mindset Shift for Better Coping Alina Rashid - SKMCH&RC, Lahore, Pakistan
- 16:10 16:30 Case Discussion and Practical Management Saira Gul - SKMCH&RC, Peshawar, Pakistan



The American Association of Continuing Medical Education accredits this educational activity for a maximum of 2.00 category I AACME credit hours.