



RCPE - Respiratory Medicine

Date: Wednesday 4 March 2020

Venue: Classroom A&B

Shaukat Khanum Memorial Cancer Hospital & Research Centre Lahore

The Royal College of Physicians of Edinburgh (RCPE) is organizing Respiratory Medicine on Wednesday 4 March 2020. Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) will telecast this live. There is no fee for attendance at SKMCH&RC venue but pre-registration is required, especially for outside participants.

This symposium is aimed at general internal medical and respiratory specialists, GPs', Doctors in training, allied health care professionals and medical students.

Respiratory medicine is an essential part of general medical care and is an exciting, evolving and diverse specialty.

In this symposium we discuss assessment and management of breathlessness, management and training standards in pleural disorders including mesothelioma, optimal care pathways in airway disorders and long term non invasive ventilation in COPD. We also aim to focus on preventive aspect of respiratory medicine such as smoking cessation and early diagnosis of lung cancer.

We have speakers who have expertise and vast experience in the relevant topics. We hope the symposium will both educate the delegates and generate lively discussion.

Dr Mahendran Chetty

Chair, Organising Committee

Programme – Wednesday 4 March 2020

14.00 Registration

14.25 Welcome and Introductory Remarks

by President, Royal College of Physicians of Edinburgh

Session 1 - Breathlessness: physiology to patient

Chair: Dr Danielle Jeffreys, Specialty Trainee in Respiratory Medicine, Inverness

14:30 Cardiopulmonary exercise testing (CPET)

Dr Peter Williamson, Consultant Respiratory Physician, Ninewells Hospital, Dundee

*when to consider CPET *how to interpret the test results

15:00 Breathlessness: from bodily symptom to existential experience

Professor Havi Carel, Professor of Philosophy, University of Bristol

*breathlessness is not just a bodily symptom; it is a complex experience

15:30 Prehabilitation in patients with chronic respiratory disease

Professor Sandy Jack, Professor of Prehabilitation Medicine, University of Southampton

*what is prehabilitation? *what are its benefits?

16:00 Coffee / tea

Session 2 - Pleural disease

Chair: Dr Selina Tsim, Consultant Respiratory Physician, Queen Elizabeth University Hospital, Glasgow

16:30 Pleural passport: thoracic ultrasound competency

Dr Matthew Evison, Consultant Respiratory Physician, University Hospital of South Manchester

*British Thoracic Society guidelines: quality assurance and training standards in thoracic ultrasound

17:00 Management of pleural infections: past, present and future

Dr Rahul Bhatnagar, Clinical Research Fellow, University of Bristol

*applying current evidence in clinical management *future developments

17:30 Hi -Tea

Session 3 - Prevention, early detection, and effective management

18:15 SIR JOHN WENMAN CROFTON LECTURE

Chair: President, Royal College of Physicians of Edinburgh

Mesothelioma: are we prepared for 2020?

Professor Kevin Blyth, Institute of Cancer Sciences, University of Glasgow and Consultant Respiratory Physician, Queen Elizabeth University Hospital, Glasgow

*Macmillan Scottish Mesothelioma Network and quality performance indicators *how to decrease variation in care

*collaborative working to achieve better patient outcomes

Chair: Dr Stephen Thomas, Consultant Respiratory Physician, Raigmore Hospital, Inverness

19:00 Smoking cessation interventions

Dr Gareth H Jones, Consultant Respiratory Physician, Royal Liverpool University Hospital

*how to integrate smoking cessation intervention with management of respiratory conditions

19:30 Lung health check

Dr Phil Crosbie, Clinical Senior Lecturer in Division of Cancer Sciences, University of Manchester and Honorary Consultant in Respiratory Medicine, Wythenshawe Hospital, Manchester

*what is a lung health check? *the role of low dose CT screening

20:00 Coffee/Tea

Session 4 - Airway diseases: getting it right

Chair: Dr David Miller, Consultant Respiratory Physician, Aberdeen Royal Infirmary

20:20 High value patient care in chronic obstructive pulmonary disease (COPD): a primary care perspective

Carol Stonham MBE, Executive Chair for Primary Care Respiratory Society

*how to achieve patient centred high quality care *sharing experiences with primary care

20:50 National asthma and COPD audits

Professor Mike Roberts, Clinical Director of the National Asthma and COPD Audit Programmes, Queen Mary University, London

*lessons learnt from national audit data *how to reduce hospital admissions

21:20 Home non-invasive ventilation (NIV) in COPD: who and when?

Dr Patrick Murphy, Consultant Physician, Guy's and St Thomas, London

*overview and current concepts in home NIV for COPD

21:50 Discussion then Close