

**Royal College of
Physicians of Edinburgh**

Representing physicians, maintaining standards.



Shaukat Khanum
Memorial Cancer Hospital
and Research Centre

Dear All,

The Royal College of Physicians of Edinburgh (RCPE) is organizing Gastroenterology Symposium on Thursday, November 13, 2014. Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) will have this telecasted live. There is no fee for attendance at the SKMCH venue but pre-registration is required especially for outside participants.

Obesity presents both challenge and opportunity to Gastroenterology practice. The RCPE has organised a high-quality programme with speakers of international renown to address many of these issues within the field of gastroenterology. The meeting will cover luminal and hepatology practice, giving a practical approach to diagnosis and management. Problematic clinical scenarios will be discussed and management strategies outlined.

This event is targeted at physicians, gastroenterologists and also those with an interest in obesity.

Professor Colin Rees,

Chair, Organising sub-Committee

Gastroenterology

RCPE Symposium

Thursday 13 November 2014

14.00 Registration

14.25 Welcome and Introductory Remarks
by President, Royal College of Physicians of Edinburgh

14.30 Introductory talk: Obesity - the heavy burden
Professor David Haslam, Chair, National Obesity Forum, London

Session 1 - Gastrointestinal (GI) problems caused by obesity

14.50 Upper GI problems
Professor Kenneth McColl, Professor of Gastroenterology, University of Glasgow

15.20 Hepatology
Dr Ewan Forrest, Consultant Gastroenterologist, Glasgow Royal Infirmary

15.50 Lower GI problems
Professor Mark Hull, Consultant Gastroenterologist, St James's University Hospital, Leeds

16.20 Tea Break

Session 2 - Difficulties in GI management of obesity

16.45 How to deal with abnormal liver function tests (LFTs) in the obese patient
Dr Stuart McPherson, Consultant Hepatologist, Freeman Hospital, Newcastle upon Tyne
*strategy of investigation of LFTs in the setting of obesity *methods of risk stratification to identify patients at highest risk of fibrosis

17.00 THE SYDNEY WATSON SMITH LECTURE
Chair: President, Royal College of Physicians of Edinburgh
Endoscopic the obese patient and medical problems caused by bariatric surgery
Professor Christopher Gostout, Associate Professor of Medicine, Mayo Clinic, Minnesota, USA

18.00 Hi Tea

Session 3 - Management of obesity

18.45 Debate - interventional management

The future is surgery

Mr Peter Small, Consultant General Surgeon, Sunderland Royal Hospital

The future is endoscopy

Professor Christopher Gostout, Mayo Clinic, USA

19.45 Exercise physiology

Professor Mike Trenell, Professor of Movement & Metabolism, NIHR Senior Research Fellow & Director, MoveLab, Newcastle University

20.15 Dietary and drug management of obesity

Professor Naveed Sattar, Professor of Metabolic Medicine, University of Glasgow

20.45 Tea

Session 4 - Difficult cases

21.10 Case 1

Dr Stuart McPherson, Consultant Hepatologist, Freeman Hospital, Newcastle

21.30 Case 2

Ms Carol Craig, Consultant Surgeon, Glasgow Royal Infirmary

21.50 Close