

Royal College of Physicians of Edinburgh

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Dear All,

The Royal College of Physicians of Edinburgh (RCPE) is organizing Gastroenterology Symposium on Friday, November 1, 2013. Shaukat Khanum Memorial Cancer Hospital and Research Centre (SKMCH&RC) will have this telecasted live. There is no fee for attendance at the SKMCH venue but pre-registration is required especially for outside participants.

Message:

Gastrointestinal diseases are the third most common cause of death, the leading cause of cancer death and the most common cause of hospital admission. Chronic symptoms are a cause of considerable morbidity and frequent consultation. Gastrointestinal diseases can be a direct cause of nutritional problems, and nutritional problems such as obesity can be managed by modification to the gastrointestinal tract. Gastrointestinal diseases affect all ages and pose particular challenges for the transitional management from childhood to adulthood.

The aim of this symposium is to reflect the current relevant issues of modern gastroenterological practice. The target audience consists of gastroenterologists, physicians, trainees, GP's and gastrointestinal nurses. The symposium is designed to maximise audience participation.

At the end of the symposium participants will have a working knowledge of nutritional assessment and means of support, knowledge of the complications of bariatric surgery and an understanding of the psychiatric approach to anorexia nervosa. They will learn about the lessons from recent national audits of practice (acute bleeding, IBD and upper GI cancer) and from the bowel cancer screening programme. They will be updated on liver transplantation and portal hypertension and participate in interactive case based scenarios of various presentations of diarrhoea.

Dr Peter Watson

Chair, Organising sub-committee

GASTROENTEROLOGY
RCPE Symposium
Friday 1 November 2013

Venue: Queen Mother Conference Centre Royal College of Physicians of Edinburgh
9 Queen Street Edinburgh EH2 1JQ

Session 1 - Nutrition

Chair: Dr Alastair McKinlay, Consultant Gastroenterologist, Aberdeen Royal Infirmary

14.30 Nutritional Failure

Professor Alastair Forbes, Professor of Gastroenterology & Clinical Nutrition, University College London

*recognition * how to manage * enteral or parenteral

15.00 Bariatric surgery for physicians

Ms Carol Craig, Consultant Surgeon, Glasgow Royal Infirmary

* indications * how is it done * complications that you need to know

15.30 Anorexia - how the psychiatrist can help the gastroenterologist

Professor Chris Freeman, Regional Consultant for Eating Disorders, NHS Lothian

* managing the "nervosa" as well as the anorexia * the anorexic wish * compulsory treatment

16.00 Coffee / tea

Session 2 - Audits and screening

Chair: Dr Elaine Henry, Consultant Gastroenterologist, Ninewells Hospital, Dundee

16.30 What have we learned from national audits?

Dr Ian Forgacs, President-Elect, BSG & Consultant Gastroenterologist, King's College Hospital, London

* upper GI bleeding audit * IBD audit * upper GI cancer audit

17.00 SYDNEY WATSON SMITH LECTURE

Chair: Dr Neil Dewhurst, President, Royal College of Physicians of Edinburgh

The lessons from the national bowel cancer screening programme

Professor Bob Steele, Head of Academic Surgery, Medical Research Institute, Centre for Research into Cancer Prevention and Screening, Dundee

17.45 Hi Tea

Session 3 - Hepatology

Chair: Dr Basant Chaudhury, Consultant Gastroenterologist, University Hospitals of North Tees and Hartlepool

18.30 Liver transplant - state of the art

Dr James Ferguson, Consultant Hepatologist, University Hospitals, Birmingham

* indications * new developments eg live donors * survival * how to manage transplant patients away from the transplant centre

19.00 Portal hypertension - a global perspective

Professor Peter Hayes, Professor of Hepatology, University of Edinburgh

* aetiologies and consequences * management * how does it differ from country to country?

19.30 Tea

Session 4 - Diarrhoea - Interactive case presentations

Co-Chairs: Dr Alastair MacGilchrist, Consultant Gastroenterologist, Royal Infirmary, Edinburgh and Dr Peter Watson, Clinical Senior Lecturer, Queen's University, Belfast

19.55 A case of diarrhoea in primary care - is it IBS?

Dr Adeel Saleem, GP, Edinburgh

20.20 Persistent diarrhoea in a traveller returning from Pakistan

Professor Hasnain Ali Shah, Professor of Medicine, Aga Khan University, Karachi, Pakistan

20.45 Inflammatory bowel disease in an adolescent - what does the transition clinic have to offer?

Dr John Morris, Consultant Gastroenterologist, Glasgow Royal Infirmary and

Dr Richard Russell, Consultant Paediatric Gastroenterologist, Yorkhill Hospital, Glasgow

21.10 Severe watery diarrhoea - what can it be?

Professor Julian Walters, Professor of Gastroenterology, Imperial College, London

21.35 Symposium feedback

21.40 Close