



Bone Health in Cancer and Normal Aging

CME to Commemorate World Osteoporosis Day 2014

October 25, 2014
SKMCH & RC
Lahore



In collaboration with

- Pakistan Endocrine Society
- Pakistan Society of Clinical Oncology
- Pakistan Society of Nuclear Medicine
- Menopause Society of Pakistan



Information and Registration

Visit: www.shaukatkhanum.org.pk
Or contact: Symposium@skm.org.pk
Tel: +92 42 35905000 Ext: 3034

WELCOME

It is our pleasure to welcome you to the first Shaukat Khanum CME to commemorate World Osteoporosis day – October 20th.

Osteoporosis is globally underdiagnosed. The economic and psychosocial burden of an osteoporotic fracture is phenomenal. Bone health is a dynamic process and actions today will lead to a better density tomorrow.

The International Osteoporosis Foundation (IOF) envisions a world in which people of all ages benefit from good bone, muscle and joint health, free of fragility fractures due to osteoporosis.

We have put together informative/interactive sessions on the healthy, iatrogenic and cancer induced effects on bone density and quality. Experts in Endocrinology, Nuclear Medicine, Rheumatology, Gynecology and Orthopedic surgery will look at ways to prevent, diagnose and treat osteoporosis in an effective manner.



Aamna Hassan. MD, CCD



Syed Abbas Raza. MD FACE

PROGRAMME

Session I BASICS/DIAGNOSIS

Moderator: Sadaf Mufty

Chair: Abu Bakar Shahid, Mazhar Ali Shah

09:00	Introduction	Aamna Hassan	5 min
09:05	Indications of DXA Scanning	Mairah Razi	10 minutes
09:20	Diagnosis of Osteoporosis (DXA vs Heel Ultrasound vs CT density)	Saima Haider	15 minutes
09:35	Bone Health in Adult Oncologic Patients	Abdul Hannan	15 minutes
09:50	Bone Health in Pediatric Oncologic Patients - SKM review	Humayun Bashir	15 minutes
10:05	Tea break		

Session II TREATMENT

Chair: M. Khalid Nawaz, Rubina Sohail

10:25	Bone Health in Women	Rubina Sohail	15 minutes
10:40	Treatment of Osteoporosis	Tafazzul H Mahmud	15 minutes
10:55	Life after an Osteoporotic Fracture	Khalid Mahmood	15 minutes
11:10	Controversies in Osteoporosis	Syed Abbas Raza	15 minutes
11:25	Panel Discussion		

FACULTY

Humayun Bashir

*Consultant Nuclear Medicine
SKM&RC, Lahore*

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*Consultant Nuclear Medicine
SKMCH & RC, Lahore*

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SKMCH & RC, Lahore*

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*Fellow Orthopedic Surgery
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*Professor/Head Rheumatology &
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Rubina Sohail

*Professor Obstetrics & Gynecology SIMS
Services Hospital, Lahore*

Sadaf Mufty

*Chief Resident Nuclear Medicine
SKMCH & RC, Lahore*

REGISTRATION FORM

2014 World Osteoporosis Day Commemorative CME

'Bone Health in Cancer and Normal Aging'

Saturday October 25, 2014

TITLE:

NAME:

SPECIALITY:

HOSPITAL:

ADDRESS:

TELEPHONE:

E-mail:

Please return the form to:
Symposium Secretariat, HR Department
Shaukat Khanum Memorial Cancer Hospital
7-A, Block R-3, Johar Town
Lahore
symposium@skm.org.pk

REGISTRATION IS FREE

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